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| **GET MERE MOVING – FITNESS FOR ADULTS OF ALL AGES!**  Mere Surgery is hoping to host a special event on **Saturday 5th July**, featuring demonstrations and taster sessions to showcase the fantastic fitness options available locally for adults of all ages and abilities – including walking groups, exercise classes and other wellness activities.  If you run a walking group, fitness class or other adult fitness session we’d love you to get involved.  Please email **Polly Sealy** or **Julia Cole** at [meresurgery@nhs.net](mailto:meresurgery@nhs.net) if you’d like to take part.  **LET’S GET MERE MOVING – TOGETHER!**  A collage of a person  AI-generated content may be incorrect. |
| **MERE SURGERY PPG COFFEE MORNING**  Mere Surgery PPG are holding a coffee morning on **Thursday 27th March 10.30am – 12.30pm at United Reform Church, Mere, BA12 6DD** to raise money for a defibrillator for adults and children to be used in the surgery. Please come along and bring your friends  **POST EVENT**: This event was extremely well attended and £645 was raised. Thank you to everyone who came along.  A cupcake and a cup of coffee  AI-generated content may be incorrect. |
| **COVID VACCINATIONS**  We will shortly be holding Spring Covid vaccination clinics. Once these have been arranged and we know the dates we will contact those of you that are eligible to invite you to make an appointment. |
| **NEXT OF KIN**  It is important that we have up to date next of kin details on your record in the event of an emergency. When you next make contact with the surgery please provide these details if you think our records may not be accurate. |
| When individuals leave the UK Armed Forces, it’s important for them register with an NHS GP practice and tell them they’ve served. This means their GP can better understand their health, particularly any health problems relating to their time in Service.  Not all veterans share this information though, meaning some may not be getting the support that is right for them, particularly in terms of benefitting from care and treatment from dedicated services  A patch on a camouflage uniform  Description automatically generated |
| Dr Gallagher is running the London Marathon this year to raise money for The Lullaby Trust. Any donations would be greatly appreciated either by clicking the link below or there are collection boxes in our reception area.  <https://www.justgiving.com/page/gallaghermarathon25?utm_medium=FR&utm_source=CL>  Thank you to all that have already donated.  A person running on a dirt road  AI-generated content may be incorrect. |
| **Would you like to join our Patient Participation Group or PPG?**  A Patient Participation Group (PPG) is a group of people who are patients of the surgery and want to help it work as well as it can for patients, doctors and staff. The NHS requires every practice to have a PPG.  Why should I join?  You have been to the surgery as a patient, parent, carer or friend. Your experiences matter and you can bring different ideas to the surgery to help us treat patients better or to improve what we do in some way. You will also gain a better understanding of the NHS and gather feedback from other patients. Please speak to reception if you would like to join. |
| **DISPENSARY & RECEPTION OPENING HOURS**  Monday 0830 – 1700  Tuesday 0830 – 1700  Wednesday 0830 – 1700  Thursday 0830 -1700  Friday 0830 – 1700  CONTACT US on 01747 860001 or via our website [www.meresurgery.co.uk](http://www.meresurgery.co.uk)  Please note you may be offered appointments outside of these times. |